



康樂及文化事務署
Leisure and Cultural
Services Department



中國香港棍網球總會
HONG KONG, CHINA LACROSSE ASSOCIATION



JAPAN LACROSSE

2024 日本青少年棍網球交流團 2024 Youth Lacrosse Exchange Program – Japan 章程 Information

- 目標
Objectives
- : a. 提升青少年運動員的技術水平；
To raise the sports skill level of the youth;
b. 擴闊視野；
To broaden their horizons; and
c. 與接待國家/城市建立交流，促進青少年運動員的體育交流。
To establish their network with counterpart country/city.
- 教練團
Coaching Staff
- : 由中國香港棍網球總會委派
To be appointed by HKLA
- 選拔費用
Tryout Fee
- : 港幣 100 元正
HKD 100
- 參加費用
Participating Fee
- : 港幣 3000 元正
HKD 3000
由康文署資助以下項目：
To be subsidized by LCSD
1. 來往日本的機票(連機場稅)
A return economy air ticket (including tax)
 2. 當地住宿，膳食(正餐)及交通費用
Accommodation, meals, and local transportation
 3. 旅遊保險(包括棍網球活動)
Travel insurance with extended coverage in lacrosse activities
- 費用將於選拔後向獲選球員另行收取。
The fee will be charged separately to the selected players after the selection.
- 甄選資格
Eligibility
- : 1. 必須為中國香港棍網球總會會員；及
Must be HKLA member; and
2. 2011 年-2014 年出生；及
born between 2011 to 2014; and
3. 持有香港身份證；及
Hong Kong Identity Card holder; and
4. 持有有效前往日本之旅遊證件；及
Holding a valid Travel Document available to go to Japan, and
5. 必須有使命感及投入感。
To be committed and dedicated.
- 活動簡介
- 日期：2023 年 2 月 14 日至 17 日 (4 日 3 夜)



Programme Brief : **Date: 14-17 February 2023 (4 days 3 nights)**
地點: 日本東京
Place: Tokyo, Japan
擬定活動: 於當地球隊進行聯合訓練及棍網球比賽, 以及觀光。
Tentative programme: joint-training and lacrosse games with local teams, and sight-seeing
承諾: 參加者必須於交流之後填寫意見問卷調查, 並於回程後兩星期內提交。
Undertaking: Participants are required to fill in the questionnaire after the exchange programme, the questionnaire should submit to HKLA within two weeks after finishing the exchange programme.

行前簡介會 : **日期: 2023 年 1 月 27 日**
Pre-trip briefing : **Date: 27th Jan 2023**
地點待定
Venue to be determined

球員遴選名額 : **18 名球員**
No. of selected : **18 Players**
players

報名辦法及截止 : **於 2023 年 11 月 15 日 (三) 前經中國香港棍網球總會網上系統報名**
日期 : **Online application through HKLA website by 10th November, 2023**
Application &
Deadline

選拔詳情 : **日期: 2023 年 11 月 19 日 (日)**
Tryout details : **Date: 19th Nov, 2023 (SUN)**
時間 **Time: 15:00 – 17:00**
地點: 西洋波會草地球場 (九龍加士居道 20 號)
Venue: Club de Recreio (20 Gascoigne Road, Kowloon)

裝備: 球員需自備球棍。並可自行選擇是否佩戴護目罩。
Equipment: Players are required to bring their own stick. For boys, protective gear including helmet, chest guard, arm pads and gloves are required. For girls, wearing a mouthguard is mandatory and players are encouraged to wear goggles.

選拔結果將不遲於 11 月 30 日通知參加者。
The results will be informed to the players no later than 30th November.

資助單位
Subvented Unit

主辦單位
Organizer

支持機構
Supporting Organisation



行前訓練
Pre-trip training

: 獲選的球員，將有機會獲邀參與由總會舉辦的訓練營，以加強技術及比賽經驗
Selected players may be invited to attend the training camp organized by HKLA to improve their skills and game experience

查詢
Enquiry

實際日期及地點待定
Exact date and location to be determined

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